

#### **OUTSTANDING OCTOBER**

FROM TAMAR'S DESK

As we step into October we are counting down the days until Derby! Derby is one of my favorite shows and I am so excited to compete with my wonderful team behind me.

Farnham also has so many exciting things for the last few months of the year and we are looking forward to making lots of memories with our Farnham Family!

Please join us, so we canenjoy our wonderful facilities together.



## This issue:

Outstanding October PAGE 01

Rain Rules PAGE 02

Birthdays & Newbies PAGE 03

Available Horses
PAGE 04

Upcoming Events
PAGE 05

Friends of Farnham PAGE 06

Team Farnham Merch
PAGE 07

Social Farnham PAGE 08



### Rain, Rain Go Away!

### Rain is on its way!

When it rains it often makes our afternoon riding lessons quite tricky. We would like to take this opportunity to inform you of Farnham's lightning policy.

In line with various national show holding bodies and sporting facilities in the area; Farnham will be following the below precautions regarding lightning.

We use the following applications to monitor same: This can be downloaded on the Google Play Store or on Apple Store for your own information.

Lightning Alarm: https://play.google.com/store/apps/details?id=com.meteoplaza.flash&gl=ZA / https://apps.apple.com/za/app/lightning-alarm/id1015876499

WeatherPlaza: https://play.google.com/store/apps/details?id=com.meteoplaza.app&gl=ZA / https://apps.apple.com/za/app/weatherplaza/id985258927

Due to the nature of lightning it is important for us to be alert and take all precautions. Announcements of no riding will be made by Farnham's Head Coach.

- 1ST warning will be made at 16km.
- 2nd warning will be made at 10km.
- Final warning will be made at 8km.

At final warning all riders will need to dismount and continue with lessons undercover.

As Farnham believes in holistic horsemanship we continue with dismounted lessons, these include Theory classes providing for an understanding of the underlying principles of the equestrian sport. These lessons are:

Physical fitness workouts for riders,

Barrel work lessons,

Goal setting and mindfulness coaching,

Theory of Equestrian Disciplines,

Show preparation and Analysis,

Equine Anatomy,

Basic veterinary application,

Basic stable management and horse care

Farnham Riding School and Livery Yard is committed to offering you the top quality tuition. Please feel free to contact Lara if you have any questions.



# Rebecka Klare, Lily-Rose Malherbe, Maverick Kemp, Pelumi Abiola, Rebecca Holding, Alex Kavanagh, and Gianna Ross-Murugan



# Welcome!

Our new school pony,
Nutmeg!

# HOW MUCH IS THAT PONY IN THE WINDOW? Some of our beautiful horses available for rent or bait.



# Heroic Deed

Hero is a sweet gelding who wants to please in his work. He loves cuddles, and has a friendly demeanor.

# ROMY

Romy is a happy-go-lucky thoroughbred, who is a wonderful confidence giver. He always tries his best, and loves to whizz around the competition ring.





# Max

Max is a lovely pony with lots of personality. He is kind and gentle in his way. He is the perfect pony to learn to ride.



## **SUNBLITZ**

Sunblitz is a lovely school master who knows how to get things done. He is a wonderful first horse who will teach you the ropes.

### **UPCOMING EVENTS**





**SUNDAY 09/10/2022** 

RIDING, GAMES, EDUCATIONAL ACTIVITIES, SPENDING TIME WITH YOUR FAVOURITE PONY

LOTS OF FUN WITH OUR COACHES AND PONIES

Time:

08:00-15:00

Cost:

Full day: 3 Make ups and R170 for food (R1635 including food) Half day: 2 make ups R85 food (R1075 including food)

Please book via ridingschool@farnham.co.za

# CONGRATULATIONS TO ALL OUR RIDERS ON THEIR SUPERB ACHIEVEMENTS FOR SANESA



Perseverance is not a long race; it is many short races one after the other.

WALTER ELLIOT

## FRIENDS OF FARNHAM



Hydrotherapy is a proven and effective form of treatment to the lower leg. This high-tech facility offers clients a therapeutic programme for the prevention, treatment and rehabilitation of equine injuries. This form of treatment has rapidly established a reputation for preventing and resolving lameness much quicker than conventional treatments and can be used alone or in conjunction with conventional veterinary care.

Book a treatment for your horse: info@equi-cool.co.za

# EXTRA ONSITE SERVICES

Ask at the office about the multiple extra services offered at Farnham Riding School.

- Vaulting Lessons
- Equine Solarium
- Equine Therapy
- Wellness Coaching



Western Shoppe has been supplying and meeting the needs of the evolving Southern African horse lover since 1975.

Stocking everything HORSE, Western Shoppe caters for multiple equestrian types, disciplines, needs and budgets.

# **FARNHAM MERCH**



#### FARNHAM NUMNAHS

Make sure you are representing the Home of Champions at all your shows in our official Farnham Numnahs. Available in black or white, you can also embroider your special horse's name on it so everyone knows who you are! Order yours from the office.

FARNHAM

#### **RAIN JACKET**

With the summer rains around the corner, keep dry when you are riding your horse!

These jackets are stylish and warm. Grab yours from Jen!



#### **FARNHAM SHOW SHIRT**

Looking smart as a team, grab your new Farnham show shirt from Jen. We have lots of sizes available.

# **SOCIAL FARNHAM**



OFFICE: 082 803 9903

TAMAR: 082 905 7465



OFFICE: RIDINGSCHOOL@FARNHAM.CO.ZA

TAMAR: TAMAR@FARNHAM.CO.ZA



WWW.FARNHAM.CO.ZA



**@FARNHAMRIDING** 



@FARNHAMRIDINGSCHOOL